



INSTRUCTOR CERTIFICATIONS CATALOG

COURSES:

PT OR GF COURSE & EXAM (STUDENT)	\$250
PT OR GF COURSE & EXAM (NON-STUDENT)	\$325
PT & GF COURSE & EXAM (STUDENT)	\$285
PT & GF COURSE & EXAM (NON-STUDENT)	\$375
EXAM RETAKE	\$40
COURSE EXTENSION (2 WEEKS)	\$40
INTERVAL / FUNCTIONAL TRAINING	\$85
PRACTICUM DYNAMIC STRENGTH / POLYMETRIC	\$125
PRACTICUM SPEED & AGILITY	\$125
PRACTICUM PERIODIZE TRAINING	\$125

PAYMENTS CAN BE MADE IN THE INTRAMURAL OFFICE.

THE COURSE IS HELD ONLINE THROUGH CANVAS.

CHRISTIAN HILDEBRANDT CAN ANSWER ANY ADDITIONAL
QUESTIONS:

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